

CLO Open 10 mile Time Trial Solo, tandem and road bike events

Promoted for and on behalf of Cycling Time Trials under their rules & regulations

	14:00 Saturday 5 th September 2020				Hatfield Woodhouse
Event Organ	iser:				Timekeepers:
Pete Laud		2 St Anthony Ro	oad, S10 1SG		Malcolm Smith
pq.laud@gm	ail.com	07505 744464	(alt contact (07805 100988)	Phil Minto

Event Headquarters: Hatfield Woodhouse Village Hall, Main Street, DN7 6NF PLEASE RESPECT THE RESIDENTS OF THE VILLAGE

COVID-19: Please ensure you read the whole of this start sheet carefully, to ensure compliance with the CTT Covid-19 risk assessment. Observe social distancing at all times, and do not attend if you or family members are unwell. No changing facilities will be provided, please arrive dressed to race, no possessions may be left with the timekeeper. A single toilet will be accessible at HQ on a one in, one out basis only.

Signing-on sheet will be outside the HQ. If you have to queue, be sure to maintain a 2 metre gap. You will need to **bring your own pen** for signing in and out, and **your own safety pins** if required.

All riders who are under 18 must provide a **SIGNED PARENTAL PERMISSION** form. These can be collected when you sign on. Please leave in the box on the signing on table.

There will be no drinking water or other refreshments provided at HQ, and no results board or prizes given on the day. The intention will be to make provisional results available online on the day.

Overall: V70/					Road	bike:				
	Men	Women	V40	V50	V60	V80	Men	Women	V40	V50/V60
1st	£30	£30	£15	£15	£15	£15	£25	£25	£15	£15
2nd	£20	£20					£15			
3rd	£10	£10					£10			

Prize List

Juveniles - £15 for 1st; £15 for biggest beating of current personal best Team of 2 - £10 each (includes riders in the road bike event) Tandem - £15 One rider, one prize (except team competition) **Course description:** Start on A614 at Lamp Post No. 08209 near metal gate at southern end of Hatfield Woodhouse. Proceed southwards on A614 to Blaxton TI (5.026 miles). Encircle island and retrace along A614 to finish at LP No. 08212 at northern corner of triangle at end of Ancient Lane/Dale Pit Road (10 miles).

Course records: M – Connor Swift 19:09 (2020) F – Karen Ledger 22:09 (2019) Road bike – Graham Briggs 21:20 (2020) (Not a definitive record, but the fastest I can find from recent years)

Keep your head up while riding and obey the rules of the road. Please note that the turn is quite tight don't approach too fast! Remember that marshals are not there to stop the traffic or advise you whether it is clear. Take responsibility for your own riding at all times.

The road surface on the course is poor in places with sunken drain covers and potholes, particularly on the road near the prison. There are also a couple of junctions off to the side of the main road so keep aware of the traffic around you.

No parking by competitors or their helpers anywhere on Ancient Lane, Hatfield Woodhouse

No U turns in sight of the start or Finish

No stopping at the finish, please continue straight back towards the HQ, remember to sign out, and place your race number in the box provided.

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors (age under 18 years) must wear Protective Hard Shell Helmets.

It is now compulsory that a working rear light, either flashing or constant, <u>must</u> be fitted to the machine in a position visible to following traffic whilst the machine is in use

This event may be subject to doping control

As soon as you have finished, you should return to the HQ as it is your responsibility to check if you are required for testing

Race numbers required for doping control will be displayed adjacent to the signing-out sheet

Covid 19

This event is being delivered in compliance with Government restrictions and CTT Risk Assessment for Covid-19 16/07/20.

The key points affecting you as a competitor are:

• Competitors should plan to arrive 30 – 40 minutes before their start time to allow time to sign in, warm up and get to the start line and not attend if they feel ill in ANY way or if family members have any symptoms.

• Local Lockdown: If Government restrictions change and a Local Lockdown is enforced. Any competitor who resides in an affected area should inform the Organiser and not arrive to take part.

• An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start because of an adverse warmup.

• It is preferable for all warmups to be conducted independently and ideally competitors should warm up on the road individually. The use of turbo trainers or rollers can be considered if warming up is carried out independently away from the sign on area and provided an absolute minimum of 2 metres social distancing from all others including that may walk past is possible.

• Riders MUST NOT gather in any way regardless of current guidelines in the car park, HQ area or elsewhere.

• There will be no "pusher off" at the start, all riders will start with one foot on the ground. Competitors must not leave any personal possessions with the timekeeper.

• Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park. There will be no results posted at the HQ during the event and no prize giving after the event. Winners will be notified, and results posted to all competitors.

• After finishing competitors must complete the sign out sheet and return their number to the box provided. You MUST then pack away and leave immediately.

• No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.

• It is strongly advised that all competitors carry a mobile phone and take with them the telephone numbers of the event organiser, Pete Laud 07505 744464, and deputy Oliver Wright 07805 100988. Please telephone the organiser if you have failed to finish the event.

No	Name		Club	Cat	Start Time
1	Neil	Bentley	Common Lane Occasionals	V50	14:01
2	Danny	Winfield	Racing Team Dawson	Senior	14:02
3	Patrick	Giblin	Rotherham Wheelers Cycling Club	V60	14:03
4	Nicholas	Sharpe	Buxton CC/Sett Valley Cycles	V50	14:04
5	Luc	Webster	Common Lane Occasionals	V50	14:05
6	Curtis	Maltby	Geared Up & CN Cycles RT	Espoir	14:06
7	Paul	Smith	Huddersfield Star Whs	V40	14:07
8	Jo	Jebb	Common Lane Occasionals	F	14:08
9	Peter	Bould	Barnsley Road Club	V40	14:09
10	Josh	Bridgens	Common Lane Occasionals	V40	14:10
11	Dominic	Watts	Veloviewer	V50	14:11
12	Duncan	Putman	Derby Mercury R C	V40	14:12
13	Patrick	Hill	Rotherham Wheelers Cycling Club	V50	14:13
14	Thomas	Palmer	Geared Up & CN Cycles RT	Espoir	14:14
15	Jules	Chadderton	Huddersfield Star Whs	Junior	14:15
16	Chris	Last	Rotherham Wheelers Cycling Club	V50	14:16
17	Hugh	English	Manchester Bicycle Club	Senior	14:17
18	John	Wilson	Common Lane Occasionals	V50	14:18
19	Michael	Bray	Geared Up & CN Cycles RT	Senior	14:19
20	Marc	Layfield	Team Bikestop Tyrekey	Senior	14:20
21	Sam	Shepherd	Rochdale Tri Club	Espoir	14:21
22	Richard	Walker	Selby CC	V50	14:22

Road Bikes: No tri bars, disc wheel or TT helmet.

Tandem

No	Name		Club	Start Time
23	Andy	Whitehead	Rockingham CC	14:23
	Ala	Whitehead	Rockingham CC	14:23

Juveniles

No	Name		Club	Cat	Start Time
24	Nicholas	Smith	Westmead Team 88	Male	14:24
25	Charley	Clarke	Rutland Cycling Club	Male	14:25
26	Patrick	Casey	Team Lifting Gear Products/ Cycles In Motion	Male	14:26
27	Oliver	Akers	Holmfirth C C	Male	14:27

Time Trial Bikes

No	Name		Club	Cat	Start Time
28	Pete	Laud	Common Lane Occasionals	V40	14:28
29	Isaac	Russell	Team PB Performance	Espoir	14:29
30	Nev	Ashman	Manchester Velo Cycle Racing Club	V80	14:30
31	Tim	Smith	Westmead Team 88	V40	14:31
32	Michael	Lamb	Kiveton Park Cycling Club	V50	14:32
33	Paul	Brierley	Huddersfield RC	V50	14:33
34	Andy	Thomas	Lindsey Roads Cycling Club	V50	14:34
35	Gary	Brearley	City RC (Hull)	V60	14:35
36	Alasdair	Bruce	Yorkshire Road Club	V60	14:36
37	Steve	Gore-Browne	Team Swift	V50	14:37
38	Gary	Hibbard	Bolsover and District CC	V50	14:38
39	Patrick	Warren	Ellmore Factory Racing	V50	14:39
40	Ben	Hamilton	Rutland Cycling Club	V70	14:40
41	Mark	Walker	Wold Top The Edge RT	Senior	14:41
42	Stuart	Wells	Lindsey Roads Cycling Club	V40	14:42
43	Michael	Weaver	Rotherham Wheelers Cycling Club	V70	14:43
44	Phillip	Tyas	Barnsley Road Club	Senior	14:44
45	Jack	Levick	Rose Race Team	Senior	14:45
46	Steve	Makin	Doncaster Wheelers C.C.	V60	14:46
47	Mark	Symons	Hull Thursday RC	V60	14:47
48	Sarah	Storey	Storey Racing	F	14:48
49	Cheryl	Quigley	Hull Thursday RC	F	14:49
50	Jo	Corbett	Sherwood CC	F	14:50
51	Zoe	Hibbard	Bolsover and District CC	F	14:51
52	Maria	Mulleady - Kershaw	Team Swift	F	14:52
53	Stephen	i'Anson	Buxton CC/Sett Valley Cycles	V60	14:53
54	Nicholas	Latimer	Team Lifting Gear Products/	Senior	14:54
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55	Mike	Tyas	Hull Thursday RC	Senior	14:55
56	Chris	James	Mapperley CC	V50	14:56
57	Allan	Wailoo	7 Hills Cycling Club	V40	14:57
58	Mike	Allen	Team Jewson - MI Racing ~Poly	V70	14:58
			Pipe~McCann		
59	Keith	Ainsworth	Sheffrec CC	V60	14:59
60	Mike	Cole	Huddersfield RC	V70	15:00
61	David	Percival	Team Swift	V40	15:00
62	Ciaran	Pickering	Team Sportslab	V40	15:02
63	John	Brearley	Squadra RT	Senior	15:02
64	Steve	Wood	Geared Up & CN Cycles RT	V40	15:04
65	Cliff	Beldon	Selby CC	V70	15:05
66	Paul	Mapletoft	Kiveton Park Cycling Club	V50	15:06
67	Jack	Moore	Kendal Cycle Club	Senior	15:00
68	Adam	Duggleby	Almerico Vive Le Velo	Senior	15:08
69	Stewart	Smith	Velo Club Veggies	V50	15:08
70	Gary	Clarke	Rutland Cycling Club	V50	15:10
71	Paul	Eveleigh	Lincoln Wheelers CC	V50	15:10
72	Howard	Leach	North Lancashire Road Club	V30 V40	15:11
12	Simon	Wilson	Ribble Weldtite Pro Cycling	V40 V40	15:12